

# 2017 EAST COAST BIKE RIDE

## AUGUST 19-23, 2017

4 Day Fully Supported Bike Ride in Scenic and Historic Southeastern Pennsylvania to Support MCC's Relief and Development Work in Hurricane Devastated Haiti

Meals and Lodging Will Be Provided by Camp Manatawny Conference and Retreat Center

33 Camp Road, Douglasville, PA  
[www.manatawny.org](http://www.manatawny.org)

### REGISTRATION INFORMATION

**Registration fee - \$325.00 U.S.**

Covers 4 nights lodging, meals from Sunday breakfast through Wednesday dinner, snacks, lunch stops on the ride, first aid, sag and mechanical support, and lots of fun and camaraderie. All registrants will receive a rider packet with complete details of the ride and items to bring.

#### Itinerary and Schedule:

Saturday August 19, 4-7pm. Check in at Camp Manatawny 7:30 Riders meeting and preview of the ride. Dinner on your own. Sunday August 20 through Wednesday August 23 7:15 am breakfast and worship. 8 – 8:45am rolling start. Cue sheets provided w/ lunch and snack stops included. 6:00pm Dinner, review of the day, riders meeting and preview of the next day.

Bikers will have access to a variety of recreational activities at the camp to fill out the day. Optional additional activities may include visits to Daniel Boone Homestead, a restored mill, Manatawny Creek Winery, Hopewell Furnace National Historic site.

Mennonite Central Committee: Relief, development and peace in the name of Christ For more information go to: [mcc.org](http://mcc.org)



Rides average 60-65 miles a day with shorter options available. A special Century option will also be available

#### Beautiful Routes

The terrain is a combination of rolling to hilly through forests, woodlands, level farmland, horse farms, and across rivers and creeks. Expect to see National Historic Sites and Valley Forge National Park. Rest stops and lunch on the road is included. Sag and maintenance provided each day.

#### Lodging and Meals

Camp Manatawny is in its 50<sup>th</sup> year located on 86 acres, surrounded by forested hills and running streams in beautiful, historic Berks County, PA. This peaceful setting is conveniently located between Reading, Lancaster, Allentown and Philadelphia. Lodging is in modern cabins only steps away from the main conference retreat facility. Air conditioning, private baths and a screened in porch are sure to provide needed comfort after a day of riding. RV sites are available.

#### Raise Money for Haiti

The goal of the bike ride is raising funds for storm ravaged Haiti. In October 2016 Hurricane Matthew devastated the country. MCC is rebuilding sustainable livelihoods in the aftermath. The success of this fundraising effort depends on bikers getting friends, family, co-workers, fellow church, and civic members to sponsor them by making contributions to MCC in support of the ride. Riders will receive additional fundraising ideas and support from MCC and can set up fundraising pages at: [donate.mcc.org](http://donate.mcc.org)



## REGISTER BY AUGUST 1, 2017

### Registration Form (One per person)

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Cell Phone \_\_\_\_\_

Home \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_

Age\* \_\_\_\_\_ Gender \_\_\_\_\_

\*Responsible adult required to accompany riders under age 18

#### Emergency contact:

Name \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Relationship \_\_\_\_\_

#### **Make Checks out to: TriState Relief Sale**

#### **Please mail your registration form and check to:**

Dale L Miller

415 Manor Harrison City Road

Harrison City, PA 15636

For further information or questions contact:

Don Zook (610) 468-1880 or [donaldzook@yahoo.com](mailto:donaldzook@yahoo.com)

Vernon Martin (267) 446-8349 or [jenisedog@gmail.com](mailto:jenisedog@gmail.com)

Sign up today for the 2017 MCC East Coast Bike Ride to support MCC's Relief Efforts in Haiti. In Oct. 2016 Hurricane Matthew devastated the country. Within 72 hours of the rain stopping, MCC was providing immediate emergency assistance. That was only the beginning for families on the long path to rebuilding their lives and their communities. MCC continues to work in Haiti on long term projects that will enable Haitians to rebuild the livelihoods lost in the hurricane.

**"To families that lost everything, knowing that they can plant again is so important. Having MCC here in solidarity with us is a blessing from God."** Emanuel Boisrond, a community leader from Wondo-Biket, Haiti

**Riders will be expected to sign assumption of risk and waiver of claims form prior to the ride.**

I acknowledge that participating in the 2017 East Coast Bike Ride is a potentially hazardous activity. I will not participate unless I am medically able to do so, am properly trained and have resources to cover medical costs for injuries that may occur. I assume responsibility for the risks associated with participation in this event, including injury or death resulting from falls, contact with other riders and contact with traffic along the route. I will pay my own medical expenses in the event of accident, illness or other incapacity and will not hold MCC or TriState Relief Sale responsible for those expenses or losses I or my family may incur if I am injured. I waive any and all additional notice of the existence of dangerous conditions associated with the MCC 2017 East Coast Bike Ride and assume responsibility to exercise my own judgement in evaluating those conditions. With knowledge of these facts and in consideration of the acceptance of this entry application, I, for myself, my heirs, and anyone acting in my place or on my behalf, discharge and release TriState Relief Sale, Mennonite Central Committee, MCC East Coast and their staff from any and all claims and actions at law for damages or monetary awards arising out of my participation in the 2017 MCC East Coast bike ride including injury to my person or property caused by any act or failure to act by the above entities and persons. I will wear a helmet and obey the rules of the road. By signing this waiver I intend to be legally bound by all the terms and conditions of this assumption of risk and waiver of claims.

**Waiver Signature:** \_\_\_\_\_